INTRODUCTION

The Library of Tibetan Works and Archives (LTWA) was founded by His Holiness the XIV Dalai Lama in 1970, and officially began to function from 1st November 1971. It was founded with the aim of preserving and propagating the rich culture of Tibet to counter the massive destruction it had suffered after the Chinese invasion of Tibet in 1959 and the subsequent chaos of the Cultural Revolution.

AIMS AND OBJECTIVES

The primary objectives of the LTWA are to provide a comprehensive cultural resource centre and to promote an environment that encourages research and an exchange of knowledge between scholars and students. These factors are of the utmost importance in a contemporary world shaped by political and spiritual confusion. In trying to fulfill its objectives, the Library's priorities include:

• Acquiring and conserving Tibetan manuscripts, books, artifacts and works of art;
• Providing access to books, manuscripts and reference works (in Tibetan as well as in foreign languages) in study areas within the Library;
• Compiling bibliographies and documentation of Library holdings and related literature available worldwide;
• Providing copies and prints of Library holdings and acting as a reference centre for such source materials;
• Publishing books and manuscripts under the library imprint;
• Supporting research scholars;
• Offering Buddhist philosophy and Tibetan language classes.

The LTWA is firmly dedicated to a threefold vision of preservation, protection and promotion of Tibetan cultural heritage.

BUDDHIST PHILOSOPHY COURSES

The LTWA offers daily Buddhist philosophy classes to help people appreciate and understand ‘truth’ and help them deal with daily problems. The classes are taught by Geshes who are highly qualified in Buddhist philosophy and have dedicated a major part of their lives to study and practice. English translators are provided. Courses focus either on specific Indian or Tibetan texts or on significant topics of Buddhist philosophy and practice. The texts covered in the classes provide the foundation for a lifetime of meditation practice.

There are three classes of one-hour duration: **9:00 am to 10:00 am, 11:00 am to 12:00 pm** and **2:15 pm to 3:15 pm**. Monday classes are dedicated to meditation practice. This includes teachings on meditation, its preparation, posture and appropriate conclusion.

**Note:**
Dates and times may change due to scheduled or unscheduled public teachings given by His Holiness the Dalai Lama. Such changes will be announced in advance. There will be no classes on the second and fourth Saturdays of every month, Sunday, and other official holidays. Very occasionally a class may need to be cancelled. Prospective students are therefore requested to call, email or visit www.ltwa.net to confirm the schedule before coming to the LTWA.

First Buddhist Philosophy Class

Time: 9:00 am to 10:00 am
Translators: Acharya Sonam Gyatso, Umarabjampa Tsering Norbu and Phurbu Dolma

Date: March 19—April 29
Text: His Holiness the 14th Dalai Lama’s Opening the Eye of New Awareness (Legs bshad blo gsar mig ‘byed)

An Overview of Buddhist Theory and Practice

With an intention to benefit those individuals who do not have the time to study the great texts, His Holiness the Fourteenth Dalai Lama wrote Opening the Eye of New Awareness four years after his arrival in India as a political refugee. The text is truly the most appropriate for students who desire to gain an overview of Buddhism in general and Tibetan Buddhism in particular. The text contains ten chapters, all with relevant and important messages concerning our daily life and prospects of spiritual endeavor. Through this text, His Holiness explains the need for spiritual practice in our modern time, the ultimate and conventional truths, how the teachings of Buddha are included in the Three Scriptural Collections, training in special ethics, training in meditative stabilization, training in special insight, the manner in which one should proceed on the path of the Greater and Lesser vehicles in dependence upon the Three Higher Trainings, an introduction to the Secret Mantra Great Vehicle and the nature of buddhahood. His Holiness concludes the text with a brief introduction to Tibetan Buddhism, with a clear explanation of the link between Indian Mahayana Buddhism and the Buddhism of Tibet.

Date: April 30—May 20
Text: Yeshe Tsondu’s The Essence of Nectar (Lam rim bdud rtzi snying po)

The Essence of Nectar, an extensive prayer written by an incarnate lama of the Gelug tradition, is a poetic supplement to Je Tsongkhapa’s Great Exposition of the Graded Path to Enlightenment. Such teachings were promulgated by the Buddha Shakyamuni in the 5th century BC and subsequently transmitted through a succession of realized Indian and Tibetan masters. In this work, Yeshe Tsondu eloquently synthesizes all the cogent points of the progressive meditations leading to the awakening of a buddha: the complete eradication of suffering and the attainment of all wholesome spiritual qualities. In the process, he draws examples from various facets of life in order that one may enrich one’s meditations on the graded path and easily apply the practices to the development of one’s thought and conduct.
Buddhist philosophy is distinguished by four characteristics, or “seals”. These four characteristics are called “the Four Seals of Dharma”. They are: all compounded things are impermanent, all contaminated phenomena are suffering, all phenomena are empty of inherent existence and nirvana is peace. They are taught in great detail using scriptural quotations and logic in this text.

Existing in the form of an epistle to his friend, variously known as Gautamiputra or Surabhibhadra, who was a monarch of the Satavahana dynasty that ruled over the Andhra country between the first century BC and the second century AD, this text explains the means of integrating spiritual teaching into our daily life. Although Nagarjuna specifically taught how to skillfully conduct kingly affairs in 123 verses, the text serves as a general advice to all lay practitioners. In simple and succinct language, the text inspires lay practitioners, even those at the initial stage of practice, to assimilate the profound views and transcendental practices of the buddhas and bodhisattvas.

This famous work on the Buddhist practice of meditation results from the historic debate between the author Kamalashila and Hvasang Mahayana held at Samye Monastery during the reign of King Trisong Deutsen. When the former defeated the latter through his insightful presentation of the steps to enlightenment, the king decreed that his views be published and followed by all ordained and lay practitioners alike. Based on the second part
of the text, the course will highlight various points on meditations such as calm abiding (shamatha) and special insight (vipashyana).

**Date:** November 5—December 31  
**Text:** Zatrul Ngawang Tenzin Norbu's *The Excellent Vase of Ambrosia: A Commentary on the Thirty-seven Practices of Bodhisattvas Integrating Source Texts and Instruction* (rGyal sras lag len so bdun gyi ’grel pa gzhung dang gdams ngag zung ’jug bdud rti'i bum bzang)

This text highlights thirty-seven effective ways of engaging in the bodhisattva practice of positively conditioning one’s own mind and benefiting other sentient beings through actualizing Buddhahood. It presents the noblest of paths, which all buddhas of the three times have travelled to reach the state of perfect peace and happiness. In simple and straightforward language, the teaching aims at eradicating all obstacles and defilements for the accomplishment of the two-fold accumulations of merit and wisdom, while engaging in various bodhisattva practices.

---

### SECOND BUDDHIST PHILOSOPHY CLASS

**Time:** 11:00 am to 12:00 pm  
**Teacher:** Geshe Lobsang Tsondu  
**Translator:** Julia Wilson and Umarabjampa Tsering Norbu

**Date:** March 19—May 20  
**Text:** Impermanence: The First Chapter of the *Udanavarga*  
(*Mi rtag pa'i tshoms: Ched du brjod pa'i tshoms*)

The *Udanavarga* is an early Buddhist collection of topically organized chapters of proverbial verses, or utterances, attributed to the Buddha and his followers with an overall format similar to the Pali Canon’s *Dhammapada*. Impermanence is the first of the *Udanavarga*’s thirty-three chapters. The understanding of impermanence is central to the Buddhist path. It is the indispensable basis for the development of the path within one’s own being, whether it is renunciation, the generation of the mind of enlightenment or the realization of emptiness.

**Date:** May 21—December 31  
**Text:** The Meditation and Wisdom Chapters of Shantideva’s *A Guide to the Bodhisattva’s Way of Life*  
(*Bodhisattvacharyavatara, spyod ’jug*)

*A Guide to the Bodhisattva’s Way of Life* is one of the great classic works of Indian Buddhism and particularly beloved by those belonging to all four traditions of Buddhism in Tibet as one of the principal Mahayana works about the spirit of enlightenment (*bodhicitta*) and the conduct and practices of Bodhisattvas. This year, Geshe Lobsang Tsondu will teach two chapters from this text: chapter 8 and chapter 9.
Chapter 8 is about the practice of concentration. It explains how to overcome the factors that prevent the development of concentration and the way to stop physical and mental busyness. Shantideva combines this with the method of developing and strengthening the spirit of enlightenment through the practice of equalizing and exchanging self and others.

Chapter 9 is about the reasons why it is essential to develop the understanding of emptiness; a concise presentation of the two truths from the Svantantrika-Madhyamika and Prasangika-Madhyamika points of view with an emphasis on the way they are divided and their identity; the need for even those who wish only to gain liberation from cyclic existence to understand emptiness; the reasoning that establishes selflessness of persons; the reasoning that establishes the selflessness of other phenomena, drawing on close placement of mindful attention on the body, feelings, the mind and other phenomena.

This class is taught in Tibetan and no translation is provided.

**Time:** 2:15 pm to 3:15 pm  
**Teacher:** Geshe Lobsang Tsondu

**Date:** March 19—September 23  
**Text:** Nagarjuna’s *Fundamental Wisdom of the Middle Way*  
(*Mulamadyamikakarika, dBu ma rtsa ba shes rab*)

Nagarjuna’s renowned *Fundamental Wisdom of the Middle Way* is the foundational text of the Madyamika school of Mahayana Buddhist philosophy. Its twenty-seven chapters lay out the definitive presentation of the emptiness of the Madyamika School.

**Date:** September 23—December 31  
**Text:** Kamalashila’s *The Final Stages of Meditation*  
(*Bhavanakrama, sGom rim mtha' ma*)

The final section of Kamalashila’s well-known three-part treatise, *The Stages of Meditation*, explains meditation on emptiness from the perspective of the Yogacharya-Svatantrika Madyamika School.

**TIBETAN LANGUAGE COURSES**

The LTWA also offers daily Tibetan language classes to help people understand Tibetan culture. The classes are taught by experienced teachers. Tibetan language courses are taught in three terms of three months each: **March 19** to **June 18**, **June 23** to **September 19** and **September 22** to **December 18**. There are six classes of one-hour duration: **8:00 am** to **9:00 am**, **9:00 am** to **10:00 am** (two classes), **10:30 am** to **11:30 pm**, **12:00 pm** to **1:00 pm** and **3:30 pm** to **4:30 pm**. There are three regular Tibetan language classes: basic, intermediate and advanced, and two regular speaking classes: basic and intermediate. The classes are held five times a week.
1. Basic Tibetan Language Course:

Beginning with the alphabet, vowels and combinations of letters, students learn the fundamental structure of the language, how to make simple sentences, how to use tenses and so forth. The aim at this level is to train students in reading and simple conversation.

Time: 9:00 am to 10:00 am  
Teacher: Acharya Ani Norzom  
Substitute: Dr. Chok Tenzin Monlam  
Textbooks: 1. Tsetan Chonjore’s *Colloquial Tibetan: A Textbook of the Lhasa Dialect*  
Pages: XXIX to LV (LTWA publication)  
2. Tashi’s *A Basic Grammar of Modern Spoken Tibetan* (LTWA publication)

2. Intermediate Tibetan Language Course:

The intermediate course is a stepping-stone to the upper intermediate course. Students in this course reinforce and extend their command of Tibetan grammar and idioms. The main aim of this class is to help students become confident in Tibetan.

Time: 9:00 am to 10:00 am  
Teacher: Nyima Dekyi  
Substitute: Phurbu Dolma and Umarabjampa Tsering Norbu  
2. Tsetan Chonjore’s *Colloquial Tibetan: A Textbook of the Lhasa Dialect*  
   (LTWA publication)  
3. Yangchen Drupe Dorjee’s *Legs bshad ljon dbang*

3. Advanced Tibetan Language Course:

In this course, Tibetan grammar and honorific words are taught. The class also touches on aspects of Tibetan culture and religion, to provide a basis for students to discuss Buddhism in Tibetan.

Time: 3:30 pm to 4:30 pm  
Teacher: Nyima Dekyi  
Substitute: Umarabjampa Tsering Norbu and Phurbu Dolma  
Textbooks: 1. Thupten Chokdrup’s *Bod kyi sgra rig pa’i gnas la dpyod pa bsal ba’i me long* (LTWA publication)  
2. Geshe Thupten Sopa’s *Lectures on Tibetan Religion and Culture*  
   (LTWA publication)  
3. Ngeton Gyatso’ *bsTon pa’i mdzad rnnam gsal ba’i me long*  
4. *Byis pa dag yig (An Orthography for Children)*
1. Basic Tibetan Speaking Course:

This course is aimed at assisting our students to communicate in Tibetan, thereby enriching their knowledge of the feelings and basic way of life of Tibetans. The main aim of this class is to help students become more confident in spoken Tibetan.

**Time:** 10:30 am to 11:30 am  
**Teacher:** Nyima Dekyi  
**Substitute:** Dr. Chok Tenzin Monlam  
**Textbook:** Dr. Chok’s *Speak Fluent Tibetan* (LTWA publication)

2. Intermediate Tibetan Speaking Course:

Students will reinforce and extend their command of spoken Tibetan, thereby enriching their knowledge of the feelings and basic way of life of Tibetans. The main aim of this class is to help students become more confident in speaking Tibetan.

**Time:** 12:00 pm to 1:00 pm  
**Teacher:** Nyima Dekyi  
**Substitute:** Acharya Tsewang Gyalpo  
**Textbook:** Dekyi’s *Speak Tibetan the Tibetan Way* (LTWA publication)

**Note:**
1. **Serious students who wish to receive an LTWA certificate on completion of a three-month Tibetan language course must sit monthly tests.**
2. **New students who wish to study basic Tibetan language will be admitted for the Basic Tibetan Language Course at any time during a term. For other Tibetan language and speaking classes, the students are not admitted after the third week of a term.**

**EARLY MORNING ADVANCED TIBETAN LANGUAGE COURSE**

The course is specially meant for students who have either completed their elementary education in the Tibetan language or who have strong background knowledge of Tibetan language and culture. The class is taught in Tibetan and covers a wide range of topics including Tibetan language, literature, culture, history and religion. Students, mostly Tibetan graduates from colleges and universities, are introduced to a higher level of Tibetan studies.

**Time:** 8:00 am to 9:00 am  
**Teacher:** Acharya Sangye Tandar Naga

Availability of this course and textbooks will be announced in advance.

**HINDI LANGUAGE COURSE**
Since 2010, the LTWA has been offering a basic Hindi language course. At least five students are needed for this course to run.

**Teacher:** Acharya Tsewang Gyalpo  
**Substitute:** Dr. Jampa Dawa  
**Time:** 10:00 am to 11:00 am  
**Text:** No textbooks; only handouts will be given.

Beginning with the alphabet, vowels and combinations of letters, students learn the fundamental structure of the language, how to make simple sentences, how to use tenses and so forth. The aim at this level is to train students in reading and simple conversation.

### INTENSIVE LEARNING PROGRAMS

The LTWA has organized two intensive learning programs. A three-month Intensive Translation Program was started in 2006 and a two-month Intensive Tibetan Studies Program was started in 2011. This year, the **Intensive Tibetan Studies Program** is from **15th April to 14th June** and the **Intensive Translation Program** is from **2nd July to 30th September**. We recruit around thirty students in each program. The programs are for Tibetans and others from Himalayan regions and foreigners who understand Tibetan language well and can attend all the classes.

In the Intensive Tibetan Studies Program, students are taught Tibetan language and literature, Buddhist philosophy and practice, and Tibetan history. In the Intensive Translation Program, students are taught Tibetan language and literature, Buddhist philosophy and practice, English language and literature, and translation methodology.

### INTRODUCTION TO THE FACULTY MEMBERS

#### BUDDHIST PHILOSOPHY TEACHERS

**Geshe Lobsang Tsondu** was born in Reting of U-Tsang in Tibet. He began his religious studies at the age of twelve at Sera Monastery in Tibet where he continued to study Buddhism until he was forced to flee Tibet in 1985. He received his Geshe degree from Sera Monastic University in 2003. After that he studied at Gyutoe Tantric University for one year. He taught Buddhist philosophy to the nuns of Kopan Monastery in Nepal before he joined the LTWA in 2005.

#### TRANSLATORS
Acharya Sonam Gyatso holds an Acharya degree in Tibetan studies and Buddhist philosophy from the Central Institute of Higher Tibetan Studies, Varanasi. He joined the Research and Translation Department of the LTWA in the winter of 2005.

Umarabjampa Tsering Norbu holds an Uma Rabjampa degree (MA equivalent) in Tibetan studies and Buddhist philosophy from the Institute of Buddhist Dialectics, Dharamsala. He joined the LTWA in 2010.

Phurbu Dolma holds a Bachelor’s degree in Tibetan studies from the College for Higher Tibetan Studies, Sarah and a Bachelor’s degree from Delhi University. She joined the Research and Translation Department of the LTWA in the summer of 2012.

Julia Wilson holds a Bachelor’s degree from California State University, San Francisco in comparative cultural studies. She studied Tibetan language and culture at the College for Higher Tibetan Studies, Sarah from 2006-2008. She has been studying and translating at the LTWA since May 2008.

Acharya Sangye Tandar Naga is the head of the Cultural Research Department and the editor of *gTam-tshogs* Journal in Tibetan. He joined the LTWA in 1991. He teaches the morning special class and other academic workshops at the LTWA.

Dr. Chok Tenzin Monlam is the head of the Research and Translation Department. He has been researching teaching methods for Tibetan as a foreign language since 2001 and has been using his findings to teach foreign students since he joined the LTWA in 2007. In 2012, he taught Tibetan language at the Summer Language Program at the University of Virginia.

Nyima Dekyi studied Tibetan and Buddhist philosophy in Tibet until she escaped to India in 1997. She continued to study Tibetan and Buddhist philosophy in Dolmaling Nunnery and the College for Higher Tibetan Studies, Sarah. She taught Tibetan as a foreign language at Thosamling Nunnery for more than three years before joining the LTWA in 2009.

Acharya Ani Norzom holds an Acharya degree in Tibetan Studies and Buddhist Philosophy from the Central Institute of Higher Tibetan Studies, Varanasi. She joined the LTWA in 1999 and has been teaching the Basic Tibetan Language Course since then.

Acharya Tsewang Gyalpo holds an Acharya degree in Tibetan studies and Buddhist philosophy from the Central Institute of Higher Tibetan Studies. He joined the LTWA in 2009.

Dr. Jampa Dawa is the head of the Hindi Section of the Research and Translation Department. He joined the LTWA in 2006. Since then he has been working as an editor for the LTWA Hindi publications.
Students are required to register and obtain a registration slip from the Library office before attending any course. Fees are nominal and they are only meant to defray the running cost of the courses. Therefore, course fees should be paid at the time of registration, either for a whole course or on a monthly basis.

### FEES

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Registration</strong></td>
<td>Rs. 50 (one time)</td>
</tr>
<tr>
<td><strong>Buddhist Philosophy</strong></td>
<td>Rs. 300 per month for each class</td>
</tr>
<tr>
<td><strong>Language Course</strong></td>
<td>Rs. 500 per month for each class</td>
</tr>
</tbody>
</table>

### ACCOMMODATION

A limited number of furnished rooms with attached kitchen and either attached or common bathrooms with hot water are available for research scholars and students enrolled in two or more courses. Rents range from Rs. 130 to Rs. 150 per day subject to periodic revision. No advance bookings are accepted. Rooms are rented to students only on arrival and after registration. If no rooms are available at the time of arrival, the student’s name will be placed on a waiting list.

Research scholars are those scholars who come with a letter of recommendation from their university or institution and who need to use the books, manuscripts and other facilities available in this institution during their research period. Research scholars are required to subscribe to library membership. The membership fee per month is Rs. 300; the annual membership fee is Rs. 1,200.

### OTHER FACILITIES

- **Tibetan Books and Manuscripts Library**: This library holds 109,000 Tibetan titles (manuscripts and books) dealing with Tibetan culture, history, Buddhist philosophy, psychology, medicine, astrology, Tibetan language, folklores and so forth.
- **Foreign Language Library**: This library contains more than 11,200 titles concerning Buddhism and Tibet related subjects, as well as reference materials in English and other languages.
- **Chinese Library**: This library holds 4,500 Chinese titles concerning Buddhism and Tibet related subjects.
- **Multimedia Library**: With the setting up of a new multimedia library, one can listen to, watch, read or even study any of the resources available, which include Tibetan documentary films, movies, oral histories, songs and dances, speeches, spiritual discourses, e-books, etc.
- **Public Library**: Unlike the two libraries located in the institute's main building, which exclusively hold reference resources on Tibet, Buddhism and relevant subjects, this newly opened public library houses general reading materials on a variety of subjects like any other public library to cater to the wider needs of the general public. The public library is open from 10 am to 7 pm.
- **Museum**: The museum preserves more than 1,000 sacred objects from Tibet.
- **Publication Sales**: A bookstall located at the library reception area sells books and journals published by the LTWA in both Tibetan and English.
- **Photocopy**: Photocopying and binding services are available.
- **Internet Café**: Multimedia services, including internet access, scanning, OCR (optical character recognition), printing and copying are available.
- **Recording Studio**: This state-of-the-art recording studio provides full audio support.
- **Canteen**: In between classes, relax over a cup of tea and chat with your classmates at our canteen. You can also order a variety of simple vegetarian dishes at reasonable prices.
- **Translation**: Written and oral translation services are available.
- **Special Classes**: Special Buddhist philosophy and Tibetan language classes are provided when requested.

### OFFICIAL HOLIDAY LIST 2014

<table>
<thead>
<tr>
<th>Date</th>
<th>Holiday</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 1</td>
<td>New Year</td>
</tr>
<tr>
<td>January 26</td>
<td>Republic Day of India</td>
</tr>
<tr>
<td>March 2-3</td>
<td>Tibetan New Year</td>
</tr>
<tr>
<td>March 10</td>
<td>Tibetan Uprising</td>
</tr>
<tr>
<td>March 16</td>
<td>Day of Great Miracles (Choetru Duechen)</td>
</tr>
<tr>
<td>June 13</td>
<td>Buddha’s Birth, Enlightenment and Passing Away</td>
</tr>
<tr>
<td>July 6</td>
<td>Birthday of His Holiness the Dalai Lama</td>
</tr>
<tr>
<td>July 12</td>
<td>Universal Prayer and Purification Day (Zamling Chisang)</td>
</tr>
<tr>
<td>July 31</td>
<td>Buddha’s First Teaching (Choekhor Duechen)</td>
</tr>
<tr>
<td>August 15</td>
<td>Independence Day of India</td>
</tr>
<tr>
<td>September 2</td>
<td>Democracy Day of Tibet</td>
</tr>
<tr>
<td>October 2</td>
<td>Gandhi Jayanti (Birthday)</td>
</tr>
<tr>
<td>November 13</td>
<td>Buddha’s Descent from Heaven (Lhabab Duechen)</td>
</tr>
<tr>
<td>December 10</td>
<td>Commemoration of Nobel Peace Prize to His Holiness</td>
</tr>
</tbody>
</table>

### FOR FURTHER INFORMATION

The Office Secretary (Mrs. Lhakyi)
Library of Tibetan Works & Archives
(Centre for Tibetan Studies)
Gangchen Kyishong
Dharamsala-176215, HP, India

**Main office**: +91 9218422467 (Mrs. Lhakyi)
**Reception**: +91 9882255047 (Mrs. Norbu Dolma)
**Fax**: 91-1892-229106

**Email**: ltwa1970@gmail.com
**Website**: www.ltwa.net
## 2014 DAILY CLASS SCHEDULES
### March 19 to December 31

<table>
<thead>
<tr>
<th>Time</th>
<th>Buddhist Philosophy</th>
<th>Language</th>
<th>Textbooks</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am - 9:00 am</td>
<td>—</td>
<td>Early Morning Tibetan Language Course</td>
<td>To be announced</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Acharya Sangye Tandar Naga</td>
<td></td>
</tr>
<tr>
<td>9:00 am - 10:00 am</td>
<td>First Buddhist Philosophy</td>
<td>March 19 to April 29: HH the Dalai Lama’s <em>Opening the Eye of New Awareness</em> April 30 to May 20: Yeshe Tsondu’s <em>The Essence of Nectar</em> May 21 to July 15: Gen Lamrimpa’s <em>Blaze of Quotations and Logic</em> July 16 to August 26: Nagarjuna’s <em>Letter to a Friend</em> August 27 to September 30: Geshe Chekhawa’s <em>Seven-point Mind Training</em> October 1 to November 4: Kamalashilä’s <em>Middling Stages of Meditation, Part II</em> November 5 to December 31: <em>Zatrul’s The Excellent Vase of Ambrosia</em></td>
<td></td>
</tr>
<tr>
<td>9:00 am - 10:00 am</td>
<td>—</td>
<td>Basic Tibetan Language</td>
<td>Tseten Chojore’s <em>Colloquial Tibetan Tashi’s A Basic Grammar of Modern Spoken Tibetan</em></td>
</tr>
<tr>
<td>9:00 am - 10:00 am</td>
<td>—</td>
<td>Intermediate Tibetan Language Course</td>
<td>Lobsang Thonden’s <em>Modern Tibetan Language, Vol. 1</em> Tseten Chojore’s <em>Colloquial Tibetan</em> Yangchen Drupe Dorjee’s <em>Legs bshad ljon dbang</em></td>
</tr>
<tr>
<td>10:00 am - 11:00 am</td>
<td>—</td>
<td>Basic Tibetan Speaking Course</td>
<td>Dr. Chok’s <em>Speak Fluent Tibetan</em></td>
</tr>
<tr>
<td>11:00 am - 12:00 pm</td>
<td>Second Buddhist Philosophy Geshe Lobsang Tsondu</td>
<td>March 19 to May 20: Impermanence from <em>Udanavarga</em> May 21 to December 31: The Meditation and Wisdom Chapters of Shantideva’s <em>A Guide to the Bodhisattva’s Way of Life</em></td>
<td></td>
</tr>
<tr>
<td>12:00 pm - 1:00 pm</td>
<td>—</td>
<td>Intermediate Tibetan Speaking Course</td>
<td>Nyima Dekyi’s <em>Speak Tibetan the Tibetan Way</em></td>
</tr>
<tr>
<td>1:00 pm - 2:00 pm</td>
<td><strong>LUNCH BREAK</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:15 pm - 3:15 pm</td>
<td>Third Buddhist Philosophy Geshe Lobsang Tsondu</td>
<td>March 19 to September 23: Nagarjuna’s <em>Fundamental Wisdom of the Middle Way</em> September 23 to December 31: Kamalashilä’s <em>The Final Stages of Meditation</em></td>
<td></td>
</tr>
<tr>
<td>3:30 pm - 4:30 pm</td>
<td>—</td>
<td>Advanced Tibetan Language Course</td>
<td>Thupten Chokdrup’s <em>'Bod kyi sgra rig pa’i gnas la dpyod pa bsol ba’i me long</em> Geshe Thupten Sopa’s <em>Lectures on Tibetan Religion and Culture</em> Ngeton Gyatso’s <em>bsTon pa’i mdzad rnam gsal ba’i me long and Byis pa dag yig</em></td>
</tr>
</tbody>
</table>